



National Center for Pyramid Model Innovations

COVID-19 Pandemic

Emergencies and National Disasters: Helping Children and Families Cope

[ChallengingBehavior.org/Emergency](https://challengingbehavior.org/emergency)

The leadership and staff at NCPMI hopes that you and your loved ones are healthy and safe. This pandemic is posing challenges for all of us, especially the families and children you support. We are hard at work developing resources to help families and young children during the Pandemic. We hope you find them of value to your work.

Visit our [Emergency and National Disasters](#) web page to find these and other resources to support families in helping young children cope with the challenges that might occur during stressful emergency or disaster situations such as the COVID-19 pandemic. This website will be updated as we obtain more resources.

Let's work as a community to support our little ones!

Please share the resources that you have been developing with your Pyramid colleagues through our [Community Contributions page](#). Sharing is Caring.



[Helping Your Child During the Pandemic](#)

Helping your child during the pandemic provides families with a few strategies to help their child cope during the pandemic. Programs and professionals are encouraged to post this resource on their web sites or share through social media.

[Tips for Helping Your Child During the Pandemic](#)

Tips for helping your child during the pandemic provides families with suggestions and resources for helping their child cope with stress, changes, and staying at home.



[Tucker Turtle Takes Time to Tuck and Think at Home](#)

The Tucker Turtle story has been modified for use at home. Tucker the Turtle teaches young children how to calm down when they have strong feelings by tucking into their shell and taking deep breaths. The story also includes visuals to help children learn how to use the strategy.

Available in [English](#) and [Spanish](#).



[Why Can't I Go to School?](#) (¿Porqué no puedo ir a escuela?)

Scripted story available in [several languages](#).
Source Credit: [Reach Dane](#).



What do I say? What can I do?

Are you providing distance services to families of infants, toddlers and preschoolers?

NCPMI wants to assist you with guidance on how you might respond to the social, emotional, and behavioral concerns of families during the pandemic and current “stay at home” restrictions. This very short survey will help us know your concerns and some of the challenges you are encountering as you assist families. We will use this information to develop additional resources and host on-line meetings where practitioners can discuss these topics with NCPMI faculty.

Can you quickly respond? It should only take 5-10 minutes. Your responses will be very valuable in helping us respond to your needs.

[Take the survey](#)

Upcoming Webinar

[Providing Distance Family Support: What do I say? How can I help? A Conversation with NCPMI Faculty.](#)
April 17, 2020 | 3:00pm EST

Are you providing early intervention or preschool services using distance technology? Do you have questions about how you can support families as they help their children with learning activities or conducting intervention within routines? Bring your questions and challenges related to assisting families to this conversation with NCPMI faculty. We will share ideas on checking in with

families, how to respond to difficult questions, and resources that might be shared.

[Register](#)



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Our mailing address is:

National Center for Pyramid Model Innovations
13301 Bruce B Downs Blvd
MHC 2113A
Tampa, FL 33612